

Instructions for Use

Version: 1.0.1
Revision date: 7-Nov-23



Alcohol Dehydrogenase (ADH) Assay Kit

Catalog No.: abx298850

Size: 96 tests

Detection Range: 0.29 U/L – 248 U/L

Sensitivity: 0.29 U/L

Storage: Store all components in the dark at -20 °C

Application: For detection and quantification of ADH activity in serum, plasma, tissue homogenates, and other biological fluids.

Introduction

Abbexa's ADH Assay Kit is a quick, convenient, and sensitive method for measuring and calculating ADH activity. ADH catalyzes the dehydrogenation of ethanol, while concurrently NAD⁺ is reduced to NADH. WST-8 dye accepts electrons from NADH to produce a yellow-colored product, which has an absorbance maximum at 450 nm. The intensity of the color is proportional to ADH activity, which can then be calculated.

Kit components

1. 96-well microplate
2. Substrate Solution: 2 × 1.5 ml
3. Coenzyme: 2 vials
4. Coenzyme Diluent: 1 ml
5. Buffer Solution: 30 ml
6. Detection Reagent: 6 ml
7. Standard: 2 vials
8. Plate sealer: 2

Materials Required But Not Provided

1. Microplate reader (450 nm)
2. Normal saline (0.9% NaCl)
3. Pipette and pipette tips
4. Vials/tubes
5. Incubator (37 °C)
6. Centrifuge
7. Vortex mixer

Instructions for Use

Version: 1.0.1
Revision date: 7-Nov-23

Protocol

A. Preparation of samples and reagents

1. Samples

Isolate the test samples soon after collecting and analyze immediately or aliquot and store at -20°C or -80°C for long term storage. Avoid multiple freeze-thaw cycles.

The following sample preparation methods are intended as a guide and may be adjusted as required depending on the specific samples used.

- **Serum and Plasma:** Collect using conventional methods, samples can be assayed directly.
- **Tissue Homogenates:** Weigh the tissue homogenate. For each 1 g of homogenate, add 9 ml normal saline (0.9 % NaCl). Homogenize by hand in an ice water bath, using a mechanical homogenizer or by ultrasonication. Centrifuge the homogenate at 10,000 x g for 15 minutes, collect the supernatant and assay immediately. The protein content of the homogenate should be determined separately (abx097193). Repeat centrifugation if supernatant is cloudy.

Carrying out a preliminary experiment to determine the optimal dilution factor of samples is recommended before carrying out the formal experiment. Example dilutions are listed in the following table:

Sample Type	Dilution Factor
10 % Rat lung tissue homogenate	1
10 % Rat spleen tissue homogenate	1
10 % Rat liver tissue homogenate	2 - 4
10 % Rat heart tissue homogenate	1 - 3
10 % Rat brain tissue homogenate	1 - 3
10 % Mouse liver tissue homogenate	2 - 4
Mouse serum	1
Pig serum	1
Human serum	1
Dog serum	1

Notes:

- Sample diluent is normal saline (0.9% NaCl)
- Fresh samples or recently obtained samples are recommended to prevent degradation and denaturalization that may lead to erroneous results.
- Lysis buffers may interfere with the kit. It is therefore recommended to use mechanical lysis methods.

Instructions for Use

Version: 1.0.1
Revision date: 7-Nov-23

2. Reagents

- **Coenzyme Solution:** Dissolve each vial in 400 μ l Coenzyme Diluent, store at -20 °C up to 7 days.
- **Coenzyme Working Solution:** Dilute Coenzyme solution with Buffer Solution to a 1:99 ratio, store on ice and use within 30 minutes of preparation.
- **Reaction Working Solution:** Mix Coenzyme working solution with Substrate Solution to a 7:1 ratio, store on ice and use within 30 minutes of preparation.
- **5 mmol/L Standard Stock Solution:** Dissolve each vial in 1 ml Buffer Solution, store at -20 °C up to 5 days.
- **250 μ mol/L Standard Solution:** Dilute standard stock solution with Buffer Solution to a 1:19 ratio, use within 6 hours of preparation.

B. Assay Procedure

1. **Standard curve preparation:** Label standard dilution tubes with 250, 200, 175, 150, 100, 75, 50, and 0 μ mol/L. Dilute the 250 μ mol/L standard solution with Buffer Solution as described in the following table:

Standard Concentration (μ mol/L)	250 μ mol/L standard solution (μ l)	Buffer Solution (μ l)
0	0	200
50	40	160
75	60	140
100	80	120
150	120	80
175	140	60
200	160	40
250	200	0

2. Add 20 μ l of Standard Solution to the corresponding standard wells.
3. Add 20 μ l sample to the corresponding sample wells.
4. Add 160 μ l Reaction Working Solution and 40 μ l Detection Reagent to each well and mix fully.
5. Incubate at room temperature for 2 minutes in the dark, then measure absorbances at 450 nm, record OD values as A₁.
6. Incubate at 37 °C for 15 minutes in the dark.
7. Measure absorbances at 450 nm, record OD values as A₂.

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C. Calculation of Results

Standard curve is plotted with the OD values of $A_{2(\text{Standard})}$ (y) vs. the respective concentration of the standard solution (x). A linear fit is recommended for the standard curve ($y = ax + b$). The ADH activity of the samples can be interpolated from the standard curve.

1. Serum and plasma samples:

One unit of ADH activity is defined as the quantity of ADH in 1 L of liquid sample that catalyzes the consumption of 1 $\mu\text{mol/L}$ ethanol at 37°C per 1 minute.

$$\text{ADH activity (U/L)} = \frac{\Delta A_{450} - b}{a} \times \frac{f}{T}$$

2. Tissues homogenate samples:

One unit of ADH activity is defined as the quantity of ADH per 1 g of tissue protein content that catalyzes the consumption of 1 $\mu\text{mol/L}$ ethanol at 37°C per 1 minute.

$$\text{ADH activity (U/g protein)} = \frac{\Delta A_{450} - b}{a} \times \frac{f}{T \times C_{pr}}$$

where:

y	$\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}$
x	Concentration of Standard
a	The slope of the standard curve
b	The intercept of the standard curve
ΔA_{450}	$A_2 - A_1$ for samples
T	Time of incubation reaction (15 minutes)
C_{pr}	Concentration of protein in tissue sample (gprot/L)
f	Sample dilution factor