

## FOXO1 (pS256) DNA-Binding (FOXO1 (pS256)) ELISA Kit

**Catalog No.:** abx596615

**Size:** 96T

**Range:** Qualitative

**Sensitivity:** Qualitative

**Storage:** Store the Wild-Type Consensus dsDNA oligonucleotide, Mutant Consensus dsDNA oligonucleotide, Binding Buffer (2X), Nuclear Wash Buffer 4°C for up to 6 months.

**Application:** For qualitative detection of FOXO1 (pS256) in cell samples.

**Introduction:** FOXO1 (pS256) DNA Binding ELISA Kit is an ELISA Kit against FOXO1 (pS256).

### Principle of the Assay

This kit is based on indirect enzyme-linked immuno-sorbent assay technology, in combination with an interaction assay. The 96-well plate is pre-coated with streptavidin bound to biotin-conjugated double-stranded oligonucleotides. The controls and samples are added to the wells and incubated. Any transcription factors present in the wells bind to the dsDNA oligonucleotide. The primary antibody specific to FOXO1 (pS256) is added to each well, followed by incubation. HRP-conjugated secondary antibody is used as the detection antibody, which is added to each well, followed by incubation. Unbound conjugates are washed away using wash buffer. TMB substrate is used to visualize HRP activity. TMB is catalysed by HRP to produce a blue colour product that changes to yellow after adding stop solution. The intensity of the yellow colour is proportional to the FOXO1 (pS256) amount bound on the plate. The O.D. absorbance is measured spectrophotometrically at 450 nm in a microplate reader.

### Kit components

1. One pre-coated 96-well microplate (12 × 8 well strips)
2. Positive Control (Nuclear Lysate): 2 tubes
3. FOXO1 (pS256) primary antibody (100X): 100 µl
4. Forkhead Box Protein O1 (Phospho-Ser256) primary antibody (100X): 100 µl
5. HRP-conjugated Anti-Rabbit IgG Antibody: 2 × 6 ml
6. Wild-Type Consensus dsDNA Oligonucleotide: 20 µl
7. Mutant Consensus dsDNA Oligonucleotide: 20 µl
8. Cytoplasmic extraction buffer: 6 ml
9. Nuclear extraction buffer: 6 ml
10. Binding buffer (2X): 12 ml
11. Nuclear wash buffer: 12 ml
12. Primary antibody diluent buffer: 12 ml
13. TMB substrate: 12 ml
14. Stop solution: 12 ml
15. Wash buffer (10X): 2 × 24 ml
16. Plate Sealer: 2

### Material Required But Not Provided

1. 37°C incubator
2. Microplate reader (wavelength: 450 nm and 595 nm)
3. Multi and single channel pipettes and sterile pipette tips
4. Squirrt bottle or automated microplate washer
5. ELISA orbital shaker
6. Deionised or distilled water
7. abx090634 Phenylmethylsulfonyl fluoride (PMSF)
8. Protease inhibitor cocktail
9. Phosphate-Buffered Saline (PBS)
10. 5 M Sodium chloride (NaCl)
11. Glycerol
12. 1.5 ml tubes to prepare standard/sample dilutions
13. Absorbent filter papers
14. 100 ml and 1 L graduated cylinders
15. Parafilm

## Protocol

### A. Experimental design and Preparation of sample and reagents

#### 1. Experimental design and Sample preparation

- The number of cells plated on to the 96-well plate will depend on the level of expression of FOXO1 (pS256) in the cells, cell size, treatment conditions and incubation time. Cells should be around 75-90% confluent when testing. Typically for HeLa cells, it is recommended to seed between 20,000 and 30,000 cells per well overnight for treatment the following day. This ELISA kit can detect FOXO1 (pS256) expression in as little as 5,000 HeLa cells.
- Cells can be treated with inhibitors, activators, stimulators (e.g. chemicals, proteins, peptides) or a combination of these. Cells can be treated with UV and serum starvation if required to meet experimental needs.
- Samples that contain  $\text{NaN}_3$  cannot be detected as it interferes with HRP.

#### 2. Wash buffer

Dilute the concentrated Wash buffer 10-fold (1/10) with distilled water (i.e. add 20 ml of concentrated wash buffer into 180 ml of distilled water).

**3. Preparation of FOXO1 (pS256) primary antibody working solution:** prepare no more than 30 min. before the experiment.

a.) Calculate the total volume of 1X FOXO1 (pS256) antibody required:  $50 \mu\text{l} / \text{well} \times \text{quantity of wells}$ . Allow 50-100  $\mu\text{l}$  more than the total volume.

b.) Dilute the 100X FOXO1 (pS256) antibody with Primary antibody diluent buffer at 1/100 and mix thoroughly (i.e. Add 25  $\mu\text{l}$  of 100X FOXO1 (pS256) antibody into 2475  $\mu\text{l}$  of Primary antibody diluent buffer).

**5. Preparation of Forkhead Box Protein O1 (Phospho-Ser256) primary antibody working solution:** prepare no more than 30 min. before the experiment.

a.) Calculate the total volume of 1X Forkhead Box Protein O1 (Phospho-Ser256) antibody required:  $50 \mu\text{l} / \text{well} \times \text{quantity of wells}$ . Allow 50-100  $\mu\text{l}$  more than the total volume.

b.) Dilute the 100X Forkhead Box Protein O1 (Phospho-Ser256) antibody with Primary antibody diluent buffer at 1/100 and mix thoroughly (i.e. Add 25  $\mu\text{l}$  of 100X Forkhead Box Protein O1 (Phospho-Ser256) antibody into 2475  $\mu\text{l}$  of Primary antibody diluent buffer).

### B. Assay Procedure

1. Seed 200  $\mu\text{l}$  of 20,000 adherent cells in culture medium in each well of a sterile 96-well plate. For suspension cells and loosely attached cells, add 100  $\mu\text{l}$  of 10  $\mu\text{g}/\text{ml}$  Poly-L-Lysine to each well of the 96-well plate. Incubate at 37°C for 30 min prior to adding cells.
2. Incubate the cells overnight at 37°C, 5%  $\text{CO}_2$ .
3. Treat the cells as desired.
4. Remove the cell culture medium and rinse with 200  $\mu\text{l}$  of 1X TBS. Repeat this again for a total of 2 times.
5. Fix the cells by adding 100  $\mu\text{l}$  of fixing solution and incubating for 20 minutes at room temperature. A solution of 4% formaldehyde is recommended for adherent cells and 8% formaldehyde is recommended for suspension cells and loosely attached cells. Seal the plate with Parafilm during incubation.
6. Remove the Fixing solution and wash the plate 3 times with 1X Wash buffer. Fill each well completely with 1X Wash buffer (200  $\mu\text{l}$ ) using a multi-channel pipette or autowasher. A 5 minute soaking period with gentle shaking on an orbital shaker is recommended. After the final wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and tap gently against clean absorbent paper towels. Complete removal of liquid at each step is essential for good performance.

# Instructions for Use

Version: 1.0.1

Revision date: 10 Dec 2021



7. Add 100 µl of Quenching buffer and incubate for 20 minutes at room temperature.
8. Wash the plate 3 times as directed in Step 6.
9. Add 200 µl of Blocking buffer and incubate for 1 hour at room temperature.
10. Wash the plate 3 times as directed in Step 6.
11. Add 50 µl of 1X primary antibody (FOXO1 (pS256) antibody, Forkhead Box Protein O1 (Phospho-Ser256) antibody and/or GAPDH antibody) to the appropriate wells. Cover the plate with Parafilm and incubate overnight at 4°C. If the target expression is known to be high, incubate for 2 hours at room temperature with gentle shaking on an orbital shaker.
12. Wash the plate 3 times as directed in Step 6.
13. Add 50 µl of 1X secondary antibody to the appropriate wells. HRP-conjugated Anti-Rabbit IgG antibody should be added to wells containing FOXO1 (pS256) rabbit polyclonal antibody or Forkhead Box Protein O1 (Phospho-Ser256) rabbit polyclonal antibody. HRP-conjugated Anti-Mouse IgG antibody should be added to wells containing GAPDH mouse monoclonal antibody. Cover the plate with Parafilm and incubate for 1.5 hours at room temperature with gentle shaking on an orbital shaker.
14. Wash the plate 3 times as directed in Step 6.
15. Add 50 µl of TMB substrate into each well. Cover the plate and incubate at room temperature in dark conditions for 30 minutes with gentle shaking on an orbital shaker.
16. Add 50 µl of Stop solution into each well. The colour should change to yellow. Gently tap the plate to ensure thorough mixing. Ensure that there are no fingerprints or water on the bottom of the plate, and that the fluid in the wells is free of bubbles. Measure the absorbance at 450 nm immediately.

## Optional: Crystal Violet Cell Staining

17. After reading the absorbance at 450 nm, wash the plate 2 times with 1X Wash buffer (200 µl), and then 2 times with 1X TBS (200 µl), 5 minutes each time. After the final wash, remove any remaining Wash Buffer by aspirating for 5 minutes or decanting. Invert the plate and tap gently against clean absorbent paper towels. Complete removal of liquid at each step is essential for good performance.
18. Add 50 µl of Crystal Violet solution to each well. Incubate for 30 minutes at room temperature with gentle shaking on an orbital shaker.
19. Remove the Crystal Violet solution by decanting into a beaker. Wash the plate by submerging the plate into a beaker full of water. Carefully rinse the wells in distilled water until no more colour comes off the wells. Allow the plate to dry for 30 minutes.
20. Warm the SDS solution to room temperature, then add 100 µl of SDS solution into each well. Incubate for 1 hour at room temperature with gentle shaking on an orbital shaker.
21. Ensure that there are no fingerprints or water on the bottom of the plate. Measure the absorbance at 595 nm immediately. If the absorbance is very high, the solubilised Crystal Violet solution can be diluted 10X with distilled water on a separate 96-well plate.

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## C. Precautions

1. Before using the kit, centrifuge the tubes briefly to bring down any contents trapped in the lid.
2. For each step in the procedure, total dispensing time for addition of reagents to the assay plate should not exceed 10 minutes.
3. The wash buffer may crystallise and separate. If this happens, please warm the tube and mix gently to dissolve.
4. Avoid foaming or bubbles when mixing or reconstituting components.
5. It is recommended to assay all controls and samples in duplicate or triplicate.
6. Do NOT let the plate dry out completely during the assay as this will inactivate the biological material on the plate.
7. Ensure plates are properly sealed or covered during incubation steps.
8. Complete removal of all solutions and buffers during wash steps is necessary for accurate measurement readings.
9. To avoid cross contamination do not reuse pipette tips and tubes.
10. Do not use expired components or components from a different kit.
11. The TMB Substrate solution is easily contaminated; work under sterile conditions when handling the TMB substrate solution. The TMB Substrate solution should also be protected from light. Unreacted substrate should be colorless or very light yellow in appearance. Aspirate the dosage needed with sterilized tips and do not dump the residual solution back into the vial.
12. The Fixing solution is volatile and the Stop solution is corrosive. Wear Personal Protective Equipment (PPE) such as lab coats, goggles, mask and gloves when handling these solutions.

## D. Data Normalisation

GAPDH Normalisation:  $OD_{450}$  values for the target protein can be normalised using the  $OD_{450}$  values obtained for GAPDH.

Crystal Violet Staining Normalisation: The measured  $OD_{450}$  values can be normalised using the  $OD_{595}$  values using  $(OD_{450} / OD_{595})$ .